

# COLLABORATION SAVES LIVES

A Specialty Hospital System for the Treatment of Eating Disorders





# We are passionate about working together to save lives.

Veritas Collaborative envisions a world in which all persons with eating disorders and their families have access to best-practice care and hold hope for a cure. Achieving this vision requires *a collaborative community of care*—patients, families, providers, communities, and the resources and talents of the entire field working together to make a meaningful difference in the lives of those affected by eating disorders. *Someone dies from an eating disorder nearly every hour in the U.S.*— through collaboration, we can change this statistic. Individuals *can* and *do* recover when given access to the care they need at the right level and at the right time.

## What we offer

- Evidence-based care
- Treatment tailored to the individual in a gender-diverse and inclusive environment
- Therapy informed by a unique blend of Dialectical Behavior Therapy (DBT), Cognitive Behavior Therapy (CBT), Family Based Therapy (FBT), and other approaches
- Age appropriate academic support including an on-site school for children & adolescents
- · Psychiatry, internal medicine, and nutritional rehabilitation specific to eating disorders
- Programming for caregivers and the individual's community of support
- A hands-on culinary program led by passionate culinary professionals
- · Art therapy, mindfulness, body movement, yoga, and other therapeutic activities
- Take-home skills to continue recovery
  - \* Programs vary by location & level of care

### Admissions Process



### Contact

Reach out to begin a conversation with a member of the Intake Team.



### Assessment

Our team will partner with you to complete the medical assessment, and we will review your insurance benefits on your behalf.



### Recommendation

Once we determine that Veritas is the best fit, our team will work to schedule an admission date and time.

### Where we are

Richmond, VA Reynolds Crossing PHP & IOP Ages 10+

Durham, NC Douglas Street
Inpatient, Acute Residential, PHP & IOP
Ages 18+

Durham, NC Research Triangle Park Inpatient, Acute Residential & PHP Ages 8–17

Atlanta, GA
Coming 2017

