Understanding the Diagnostic Criteria for Eating Disorders

Signs and Symptoms

1. Anorexia Nervosa
   - Abnormal weight loss
   - Abnormal thoughts about food
   - Difficulty with body image

2. Bulimia Nervosa
   - Uncontrollable food cravings
   - Binge eating followed by purging
   - Distorted self-image

Diagnostic Criteria for Eating Disorders

- Anorexia Nervosa
  - Severe weight loss
  - Fear of weight gain
  - Distorted body image

- Bulimia Nervosa
  - Bulimic behavior
  - Emotionally driven

How You Can Help

Recovery is Possible

Veritas Health

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