

# Inpatient and Residential Treatment for Children and Adolescents

24/7 Care for Eating Disorders

Veritas Collaborative's inpatient and residential programs are expertly designed to provide structured, around-the-clock care for children and adolescents with eating disorders. These highly intensive treatment options offer stabilization and/or close monitoring for young patients with complex medical and psychiatric needs, ensuring their safety both day and night.

## Program Components



Therapeutic meals



Individual therapy sessions



Individual nutrition sessions



Skills-based group therapy



Family therapy



Psychiatry and medical services with 24-hour nursing care



Academic support



Case management services



Our multidisciplinary teams are committed to providing expert, individualized treatment to children and adolescents in a safe and supportive healing environment. We collaborate with patients, their families, and referring providers to lay the groundwork for a lasting recovery.

**Learn more or make a referral:**

[www.veritascollaborative.com](http://www.veritascollaborative.com) | 1-855-875-5812



**VERITAS**  
COLLABORATIVE

# Around-the-clock care and support for lasting recovery.

Veritas Collaborative's state-of-the-art treatment centers in Durham, NC and Atlanta, GA are welcoming spaces for children and adolescents of all genders. Each location offers a continuum of care, ensuring seamless transitions and support between levels of treatment.

Patients typically spend a minimum of 8 hours per day in programming during inpatient and residential treatment. Veritas also offers comprehensive education programs that allow school-age patients to continue their studies while receiving care. Our dedicated education teams collaborate closely with patients and families, delivering high-quality instruction aligned with each patient's academic goals.

Early intervention at the appropriate level of care is key to eating disorder recovery. The right treatment at the right time reduces the risk of complications and improves long-term outcomes, empowering patients on their path to healing.

## Sample Child & Adolescent IP/Res Schedule

7:00 AM	Hygiene & vitals
8:00 AM	Breakfast
8:45 AM	Meal process & guided skills
9:00 AM	Psychoeducation
10:00 AM	AM snack
10:30 AM	DBT
11:30 AM	Patio
12:00 PM	Lunch
12:45 PM	Meal process & guided skills
1:00 PM	School
3:00 PM	PM snack
3:30 PM	Patio
4:00 PM	Yoga
5:00 PM	Phone time
5:30 PM	Dinner
6:15 PM	Meal process & guided skills
6:30 PM	Homework
8:00 PM	Evening snack
8:30 PM	Hygiene
9:30 PM	Bedtime



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*The Veritas team are experts in this field, and also they were so kind and compassionate. The team members were solid – especially important because the path forward was rocky, and eating disorders thrive and grow in lies, fear, and denial.*

– Veritas Parent, Atlanta, GA

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*The inpatient and residential treatment program is amazing and really helped my daughter get back on track and start her road to recovery.*

– Veritas Parent, Durham, NC

