

Inpatient and Residential Treatment for Adults

24/7 Care for Eating Disorders

Veritas Collaborative's inpatient and residential programs are expertly designed to provide structured, around-the-clock care to adults with eating disorders. These highly intensive treatment options offer stabilization and/or close monitoring for patients with complex medical and psychiatric needs, ensuring they receive the highest level of support available.

Program Components



Therapeutic meals



Individual therapy sessions



Culinary and mindfulness training



Skills-based group therapy



Individual nutrition sessions



Psychiatry and medical services with 24-hour nursing care



Art therapy



Case management services



Our multidisciplinary care teams equip patients with the skills and resources necessary to build a strong foundation for lasting recovery. We're committed to providing personalized, evidence-based treatment in a safe and supportive healing environment.

Learn more or make a referral:

www.veritascollaborative.com | 1-855-875-5812



VERITAS
COLLABORATIVE

Around-the-clock care and support for lasting recovery.

Veritas Collaborative's state-of-the-art inpatient and residential treatment centers in Durham, NC and Atlanta, GA are welcoming spaces for adults of all genders. Each location offers a continuum of care, ensuring seamless transitions and support between levels of treatment.

Patients typically spend a minimum of 8 hours per day in programming during inpatient and residential treatment. Individual and group sessions address the physical, psychological, and emotional aspects of eating disorders, with careful consideration of each patient's unique needs and experiences.

Early intervention at the appropriate level of care is key to eating disorder recovery. The right treatment at the right time reduces the risk of complications and improves long-term outcomes, empowering patients on their path to healing.

Sample Adult IP/Res Schedule

8:00 AM	Hygiene
8:45 AM	Breakfast
9:45 AM	Guided skills
10:00 AM	DBT
11:15 AM	AM snack
11:45 AM	Yoga
12:45 PM	Patio
1:30 PM	Lunch
2:30 PM	Guided skills
2:45 PM	Structured discussion group
3:45 PM	Goal setting
4:30 PM	Afternoon snack
5:00 PM	Patio
5:30 PM	Break/personal time
6:45 PM	Dinner
7:45 PM	Guided skills
8:00 PM	Break/personal time
9:15 PM	Evening snack
9:45 PM	Hygiene
10:30 PM	Bedtime



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I'm very thankful for Veritas. My team helped me in ways I will be forever grateful for. What you put in is what you will get out... utilize your resources and support while you have it.

– Veritas Patient, Durham, NC

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The staff is first class. If you are looking for experts in the field, this is the place to go. I recommend them!

– Veritas Patient, Atlanta, GA

