

COLLABORATION SAVES LIVES

A specialty healthcare system for the treatment of eating disorders



Multiple Locations, One Destination: Lasting Recovery

Levels of Care



Inpatient



Residential



Partial Hospitalization



Intensive Outpatient



Outpatient



Multidisciplinary **Eating Disorder** Assessment Clinic



Hospital | Durham, NC Child and Adolescent (Ages 17 and under)







4024 Stirrup Creek Drive Durham, NC 27703



Hospital | Durham, NC Adult (Ages 18+)







615 Douglas Street, Suite 500 Durham, NC 27705



Hospital | Atlanta, GA Child, Adolescent, and Young Adult (Ages 24 and under)











41 Perimeter Center East, Suite 250 Dunwoody, GA 30346



Center | Charlotte, NC Child, Adolescent, and Young Adult (Ages 24 and under)









1900 Scott Avenue, Suite 101 Charlotte, NC 28203



Center | Richmond, VA Child, Adolescent, and Adult (Ages 10+)







6627 West Broad Street, Suite 400 Richmond, VA 23230



At Veritas Collaborative, we provide compassionate eating disorder treatment around best practices and evidence-based care. With a range of services for children, adolescents, and adults, Veritas offers Inpatient, Residential, Partial Hospitalization, Intensive Outpatient, and Outpatient levels of care. In-person and telehealth options are available.

Our multidisciplinary treatment teams in North Carolina, Virginia, and Georgia share a passion and a mission inspired by a collaborative community of care. We are committed to providing individualized treatment in a gender-diverse and inclusive environment.

The Right Level of Care at the Right Time



Inpatient

Inpatient care offers a structured, highly monitored, around-the-clock treatment environment that includes both individual and group therapies.

Most Suitable For:

Individuals who require daily medication, are medically unstable, and/or are severely depressed or a danger to themselves as a result of their eating disorder behaviors.



Residential

Residential care offers a structured, around-the-clock treatment environment that includes both individual and group therapies. Nursing staff are onsite and medical doctors are on call 24 hours a day, seven days a week.

Most Suitable For:

Individuals who are medically stable but in need of 24-hour behavioral and medical supervision.



A Partial Hospitalization

Partial hospitalization care occurs six or seven days a week and includes individual and group therapies with a focus on family and community support.

Most Suitable For:

Individuals who are medically stable and in need of daily, structured programming, but not 24-hour supervision, and who are currently unable to maintain their recovery in an outpatient environment.



M Intensive Outpatient

Intensive outpatient care is primarily group-based and occurs three times per week, with an opportunity for individualized medical and nutrition treatment.

Most Suitable For:

Individuals who are medically stable and in need of structure and support to maintain sound trajectories toward recovery.



Outpatient

Outpatient care occurs weekly, biweekly, or on an as-needed basis, depending on individual needs.

Most Suitable For:

Individuals who are medically stable and in need of multidisciplinary support to continue to progresstoward recovery.



Multidisciplinary Eating Disorder Assessment Clinic

Multidisciplinary Eating Disorder Assessment Clinics offer in-person assessments with a multidisciplinary team to determine if an eating disorder is present and to provide recommendations on next steps.

Most Suitable For:

Any individual who needs multidisciplinary guidance to determine their next best step toward recovery.

Every Journey Begins with a Single Step

Veritas Collaborative provides comprehensive, evidence-based care for children, adolescents, and adults with eating disorders diagnoses in a gender-diverse and inclusive environment.

Individuals and Family Members



Reach Out

From the moment you reach out to us, we will provide support, education, and guidance to ensure that you or your loved one receives the care needed.



Assess Your Needs

Our team of master's-level clinicians will complete a level of care assessment, collecting clinical and medical information to ensure that you or your loved one receives the care needed.



Make a Plan

Once you receive a level of care recommendation, our team will review your insurance benefits, answer any questions, and schedule an admission date. For information on insurance coverage, visit veritas collaborative.com.



Take the Next Step

From admission day on, a multidisciplinary treatment team will work with you, your family, and/or your community of support to provide the skills and encouragement needed to foster lasting recovery.

Referring Providers

Reach Out or Refer a Patient:



When the next best step in an individual's recovery journey is unclear.



When additional support and supervision are needed.



When medically stable individuals discharge from a higher level of care.



When an individual needs a structured, supportive, and therapeutic environment to develop or continue developing coping skills.



When loved ones need additional opportunities to engage in treatment, education, and mealtimes.



Together we are stronger. Contact us today.

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